

1. The Metabolic Syndrome, and not obesity alone, should be seen as a treatable trait in asthma. (*This thesis*)
2. The clinical value of T2 high and T2 low classification is challenged by a dynamic T2 phenotype in a significant proportion of asthma patients. (*This thesis*)
3. To restrain from a hermit lifestyle, increased compliance to personal protection measurements should be part of asthma exacerbation prevention management during the winter season. (*This thesis*)
4. Serum IL-10 should be further explored as a candidate biomarker to evaluate treatment effects in future bacterial lysate studies. (*This thesis*)
5. In patients with moderate-severe T2 high asthma with frequent exacerbations, bacterial lysate treatment should be considered as an add-on treatment option before the start of biologicals. (*This thesis*)
6. Every doctor, not only a GP, is able to recognize and help a patient that is at risk for homelessness¹.
7. Affordable nationwide healthcare starts with a GP for every inhabitant².
8. In the light of syndemics, a roof above one's head alone is not enough³ to cure someone from homelessness³.
9. In patients with high disease burden and chronic illness, the journey to health begins with a compassionate doctor⁴.
10. In the light of respiratory health and air pollution, it is better to live next to a busy highway, such as the A15, than to live next to an industrial farm in The Netherlands⁵.
11. Samen kunnen we de wereld aan

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