

## Stellingen

1. Considerable differences between Eastern and Western countries exist in terms of pre- and postoperative management, but long-term prognosis after ileocecal resection for Crohn's disease is similar. *This thesis*
2. Prophylactic medication after ileocecal resection lowers the risk of endoscopic recurrence in patients with high-risk as well as low-risk profiles. *This thesis*
- 3.. Despite recommendation in international guidelines, high-risk patients are not always prescribed the needed postoperative medication to reduce postoperative recurrence. *This thesis*
4. The immunologic composition of subcutaneous adipose tissue, which can be used for autologous cell products, is comparable between Crohn's disease patients and non-IBD controls. *This thesis*
5. Autologous adipose-derived stromal vascular fraction and platelet-rich plasma during fistula surgery is an innovative treatment for both cryptoglandular and Crohn's disease perianal fistula. *This thesis*
6. The interobserver variability of the Rutgeerts' score may lead to wrong therapeutic initiations when postoperative management is solely based on this score. *Marteau, 2016.*
7. Preoperative optimization, including nutritional assessment and intervention, is imperative to ensure favorable outcomes after surgery in patients with Crohn's disease. *ECCO Topical Review, 2023*
8. Technische innovatie, zoals Artificial Intelligence (AI), kan stijgende zorgkosten beteugelen. *Bram van Ginneken, hoogleraar Functionele Beeldanalyse Radboudumc*
9. Ons huidige voedingssysteem, geënt op met name dierlijke eiwitten, is onhoudbaar voor mens, dier en de aarde. *Caring doctors manifest, 2022*
10. Pauzes zonder invulling van taken, onderwijs of besprekingen zijn nodig voor de duurzame inzetbaarheid van artsen in het ziekenhuis. *De Jonge Specialist, 2022*
11. You can't stop the waves, but you can learn to surf. *Jon Kabat-Zinn, molecular biologist*