

## Propositions

1. Analysing inequalities in life expectancy at birth hides diverging patterns across different age groups. *(this thesis)*
2. Health crises, such as the COVID-19 pandemic, can expose and exacerbate existing health inequalities by income at older ages. *(this thesis)*
3. Quality assessments for nursing homes should include outcome indicators alongside input and process measures, since solely relying on inputs and processes does not guarantee improved outcomes for residents. *(this thesis)*
4. Assigning users to nursing homes with the best observable case-mix adjusted outcomes has the potential to generate health benefits. *(this thesis)*
5. Consequences of delayed access to nursing home care spill over to other care sectors, such as hospitals, and should be incorporated in decisions that influence access to long-term care. *(this thesis)*
6. Labour market shortages are the most prominent threat to the sustainability of formal (long-term) care provision in the coming decades.
7. "I would rather have questions that can't be answered than answers that can't be questioned." *(Richard Feynman)*
8. The most important questions in society cannot be fully answered by any single discipline.
9. Ability alone does not enable you to write a dissertation; it is the willpower that is most important. *(based on Junko Tabei, first woman to reach the summit of Mount Everest)*
10. "The central ingredient, a central part of human life, is a healthy planet." *(David Attenborough)*
11. "Height is a mindset." *(Nina Williams)*