

Propositions belonging to the thesis:

Tailoring Anaesthesia Technique Selection for Upper Extremity Surgery

1. Upper extremity regional anaesthesia techniques should not be avoided for fear of nerve injury. (this thesis)
2. Upper extremity regional anaesthesia techniques should not be chosen over general anaesthesia to prevent the development of chronic post-surgical pain. (this thesis)
3. Anaesthesiologists are free to choose between the supraclavicular and axillary brachial plexus block, as there is no difference in long-term postoperative pain and functionality. (this thesis)
4. Prolonged postoperative sensory and motor blockade is a common reason for dissatisfaction with regional anaesthesia, highlighting a mismatch between doctor's and patient's definition of a successful outcome. (this thesis)
5. The wide range in axillary brachial plexus block duration, coupled with the lack of identifiable influencing factors, emphasizes the importance of adequate pre- and postoperative counselling. (this thesis)
6. The time has come to introduce the 'green anaesthesiologist' as an important component of 'green' healthcare, incorporating environmental factors in the shared decision-making process of anaesthesia technique selection.
7. In the tropics, one must before everything keep calm. (Joseph Conrad)
8. Don't waste your time on jealousy; sometimes you're ahead, sometimes you're behind... the race is long, and in the end, it's only with yourself. (Baz Luhrmann)
9. ~~De kunst van het schrijven is steeds zoveel te schrappen dat duidelijk wordt wat bedoeld is.~~ (Willem Elsschot)
10. You can't always get what you want, but if you try sometimes, you might find, you get what you need. (the Rolling Stones)
11. Do not judge me by my successes, judge me by how many times I fell down and got back up again. (Nelson Mandela)

Wouter Droog
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