

Stellingen

Behorend bij het proefschrift

ULNAR COLLATERAL LIGAMENT INSUFFICIENCY OF THE ELBOW IN OVERHEAD ATHLETES

1. Injuries to the anterior bundle of the UCL are a heterogeneous entity. (this thesis)
2. A combination of urgency and limited alternatives resulted in the invention of the UCL reconstruction procedure of the elbow in 1974. (this thesis)
3. I never argue with people who say baseball is boring, because baseball is boring. And then, suddenly, it isn't. And that's what makes it great. (Joe Posnanski)
4. The feeling of a pop at the time of injury may concern throwing athletes with medial elbow pain, but this anamnestic finding only moderately alters the likelihood for significant UCL injury. (this thesis)
5. Stress radiography of the elbow is of limited use in the clinical workup of throwing athletes with medial-sided elbow pain. (this thesis)
6. Dexterity is characterized by the ability to solve any emergent movement problem, in any situation, and in any condition. (Nicolai Bernstein)
7. Identification of individual risk factors has not provided effective solutions for the high rate of UCL injuries in baseball pitchers. (this thesis)
8. Wie in de sportpraktijk strikt evidence-based wil werken, kan met hetgeen wetenschappelijk bewezen is nog niet eens een parttime baan vullen. (Frans Bosch)
9. Not everything that is faced can be changed, but nothing can be changed until it is faced. (James Baldwin)
10. We need more than just new technology to protect the planet. (Thich Nhat Hanh)
11. Thuis is de hoofdprijs, de rest is bonus. (Michael Davidson)