

Propositions

accompanying the dissertation

Empirical Studies of Health-Related Expectations and Behaviors

1. Behavioral selection could explain part of the long-term care insurance puzzle. (this thesis)
2. Increasing workers' responsibility for securing retirement wealth can lead to lower well-being and increased inequalities in old age. (this thesis)
3. Gender differences in smoking explain much more of the gender mortality gap in Russia than gender differences in alcohol consumption. (this thesis)
4. Chronic sleep deprivation during adolescence can have a lasting detrimental impact on human capital formation. (this thesis)
5. The least cognitively able and the least educated hold the least accurate expectations of important health-related events. (this thesis)
6. Quasi-experimental studies throw away informative variation.
7. Statistical significance is overrated.
8. Single-authored papers are not conducive to sleep.
9. Current social constraints favor early birds and punish night owls.
10. Secondary schools should start after 9 a.m.
11. There is, quite literally, too little time in a day.