STELLINGEN VERSIE 2

- 1. Studying functional capacities of CCR6+ T helper cells in peripheral blood and tissue of psoriasis and psoriatic arthritis patients is more important than determining relative abundances. (this thesis)
- 2. Adhering to a standardized workflows and protocols for the vast expanding field of flow cytometry will be critical to obtain reproducible and meaningful results. (*this thesis*)
- 3. Lymphatic endothelial cells are active participants in the inflammatory response and can modulate memory T helper cells responses. (*this thesis*)
- 4. Dysregulation of the lymphatics in the skin contributes to the pathogenesis of psoriatic plaques. (*this thesis*)
- 5. Molecular data of lymphatic endothelial cells points to different mechanisms driving psoriatic plaque formation in psoriasis and PsA patients. (*this thesis*)
- 6. Once PsA is established, it is too late to effectively treat the disease, highlighting the importance of early detection and intervention. (*Scher et al. Nat. Rev. Rheum. 2019*)
- 7. Centuries of disease presentation paired with significant developments in research and treatment have shed light onto the pathophysiology of inflammatory arthritic diseases, yet without a definitive cure in sight. (*Karponis, Rheumatology advantages in practice, 2017*)
- 8. It is not the strongest species that survive, nor the most intelligent, but the most responsive to change. (*Leon C. Megginson, 1963, speech about the Origin of Species from Charles Darwin*)
- 9. The reward for work well done is the opportunity to do more. (*Jonas Salk, 1956, speech on receiving Congressional Medal for Distinguished Civilian Achievement*)
- 10. There are no shortcuts in triathlon. Those who prepare deserve their success. Aerobic sport has no free lunches. (*Brett Sutton, van personal memoires van 'Geen Zee te Hoog', Els Visser, 2021*)
- 11. "Nice girls don't get the corner office." (Lois. P. Frankel, 2004)