

Stellingen behorende bij het proefschrift

**Treating Invisible Scars**

Psychological outcomes & effectiveness of EMDR after pediatric hospitalization

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1. Children and adolescents with a heart disease are susceptible to develop PTSD symptoms (*this thesis*)
2. Parents of children with a heart disease have an elevated risk for developing mental health problems (*this thesis*)
3. Parental stress, medically related trauma type, and low level of parental education are significant risk factors for child PTSD symptoms (*this thesis*)
4. EMDR can be an effective treatment of pediatric blood-injection-injury phobia (*this thesis*)
5. EMDR did not result in superior outcomes compared to care-as-usual regarding subthreshold PTSD symptoms (*this thesis*)
6. The intensity of PTSD symptoms and their relationship to functional impairment might be more relevant than the threshold number of symptoms (*adapted from Kaminer, Seedat & Stein 2005*)
7. Pediatric health care should be trauma-informed (*adapted from Marsac et al. 2015*)
8. The intensity and type of psychological interventions in pediatric health care settings should be matched to risk status and level of need (*adapted from Marsac, Hildenbrand & Kassam-Adams 2017*)
9. Children's health deserves a holistic approach aiming at optimal physical, mental, and social well-being.
10. Psychological problems are too complex to think that there is one particular therapy that solves them all (*adapted from Wampold 2019*)
11. "What counts is not necessarily the size of the dog in the fight; it's the size of the fight in the dog" (*D.D. Eisenhower*)