

Seborrheic dermatitis – More than meets the eye

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1. Improving the skin barrier might be an independent target in the treatment of seborrheic dermatitis.
This thesis
2. Diet is an important driver for general health and is also associated with seborrheic dermatitis. Doctors should promote a healthy diet to their patients.
This thesis
3. *Mallassezia* yeasts are not the cause of seborrheic dermatitis.
This thesis
4. The bacterial microbiome of lesional seborrheic dermatitis skin differs from healthy skin.
This thesis
5. Seborrheic dermatitis is genetically not a subtype of psoriasis.
This thesis
6. Most skin diseases have a small burden on the individual patient level, but due to the high prevalence, the societal burden is substantial.
R.J. Hay et al. J Invest Dermatol. 2014
7. Not everything published is true.
J.P.A. Loannidis et al. PLoS Med. 2005
8. Managing and changing our microbiome will become more important in future medical treatments.
V Gopalakrishnan et al. Science. 2018.
9. But even a bad cup of coffee is better than no coffee at all.
David Lynch; van Dam et al. N Engl J Med 2020
10. The work of epidemiology is related to unanswered questions, but also to unquestioned answers.
Patricia Buffler
11. Endurance is one of the most difficult disciplines, but it is to the one who endures that the final victory comes.
Teachings of Buddha