

## Stellingen

1. Adult patients (18-75 years) with an reduced intra-articular distal radius fracture should be treated operatively. (*this thesis*)
2. In adult patients with a displaced intra-articular distal radius fracture, especially in patients with a paid job, operative treatment is a cost-effective intervention. (*this thesis*)
3. Additional arthroscopic debridement in operative treatment of intra-articular distal radius fractures does not improve functional outcomes. (*this thesis*)
4. Carpal alignment is an underestimated but important parameter that can be reproduced and quantified with the perpendicular method. (*this thesis*)
5. The Soong grading system should be implemented in standard peri- and postoperative assessment to ensure best possible volar plate localization and prevent plate-related complications. (*this thesis*)
6. Perfect anatomical restoration and perfect freedom of joint movement can be obtained simultaneously only by internal fixation. (*Sir John Charnley*)
7. De afhankelijkheid van tijdelijke onderzoeksmiddelen is te sterk toegenomen en werkt ontwrichtend, doordat het onderzoekers veel tijd kost steeds weer nieuwe aanvragen te doen. (*Adviescommissie Hoger Onderwijs en Onderzoek*)
8. "No one teaches you how to think about money in medical school or residency. Yet, from the moment you start practicing, you must think about it. You must consider what is covered for a patient and what is not." (*Atul Gawande*)
9. Meten is weten.
10. "The most courageous act is still to think for yourself. Aloud." (*Coco Chanel*)
11. "To feel like a woman, wear heels; to feel like a goddess, wear five inches." (*Christian Louboutin*)