

Stellingen behorende bij proefschrift

Acknowledging Different Perspectives

Burden and management of symptoms in the last phase of life

1. End-of-life care should not focus on the most common symptoms but on the symptoms that have the greatest impact on the well-being of the patient. (this thesis)
2. A combination of perspectives is needed to approach the 'truth' in end-of-life care. (this thesis)
3. Death rattle is a common symptom at the end of life, for which no intervention has proven to be effective yet. (this thesis)
4. Actively providing dying patients with (artificial) fluid is not beneficial. (this thesis)
5. Healthcare professionals need to listen to what patients and family members say, but also 'hear' what they do not (explicitly) say. (this thesis)
6. Waardegedreven Zorg is patiënt- en familiegerichte zorg zoals we die al langer kennen vanuit de Palliatieve Zorg.
7. Recht op kinderbijslag moet gekoppeld worden aan de naleving van het Rijksvaccinatieprogramma.
8. Positive physical touch (e.g. babywearing) is soothing and healing, it can even reduce pain.
9. A global shift towards a well-balanced plant-based diet is beneficial for the environment, personal health and animal welfare.
10. Let people who have to observe sickness and death look back and try to register in their observation the appearances which have preceded relapse, attack, or death, and not assert that there were none, or that there were not the right ones. (Florence Nightingale, 1859)
11. De weg zelf is je bestemming (Confucius)