

Propositions associated with the thesis:

Quality of life in Inflammatory Bowel Disease when IBD goes beyond the gut

1. Assessment of fatigue, mood and sleep disturbance symptoms should become a part of routine IBD clinical care. *(this thesis)*
2. Many patients remain fatigued one year after initiating biologic therapy including one-third of patients who achieve clinical remission. *(this thesis)*
3. Greater travel distance to specialist IBD care increases the risk for IBD-related surgery. *(this thesis)*
4. Crohn's disease patients with a concordant family history are at increased risk for complicated disease, particularly if the affected member is a 1st degree relative. *(this thesis)*
5. IBD patients with fatigue have a less diverse microbiome compared to non-fatigue IBD patients. *(this thesis)*
6. The gut is an organ of mind. *(Elizabeth Wilson, Gut feminism, 2015)*
7. The uncovering of the human microbiome has changed our understanding of what it means to be human. *(Morgan & Huttenhower, PLoS Computational Biology, 2012)*
8. The delivery of good medical care is to do as much nothing as possible. *(Samuel Shem, The House of God, 1978)*
9. A great way to learn about your country is to leave it. *(Henry Rollins)*
10. Our society and institutions are built to push men and women into different roles. We need to change that. *(Caroline Criado Perez, Invisible women, 2019)*
11. Wees zuinig op de aarde, het is de enige planeet met chocola. *(Loesje)*

Nynke Borren, 17 maart 2020