

Stellingen behorende bij het proefschrift

**Psychosocial Well-being in Pediatric Heart Disease:  
Toward Innovative Interventions**

Malindi van der Mheen

1. Cognitive behavioral therapy can have beneficial outcomes in reducing anxiety problems in preschoolers. *(this thesis)*
2. A psychosocial program for children with congenital heart defects and their families should be provided by a multidisciplinary team. *(this thesis)*
3. Discussing psychosocial topics with a pediatric cardiologist is important and should be implemented in the standard care for children with congenital heart defects. *(this thesis)*
4. Screening for internalizing problems through questionnaires is important and should be implemented in the standard care for children with dilated cardiomyopathy. *(this thesis)*
5. The culture of replicability research in psychological interventions in general is poor and publication bias often amplifies the problem. *(this thesis)*
6. Anxiety symptoms and diagnostic categories in young children resemble those in older children. *(adapted from Mian et al. 2012)*
7. There is a strong need for psychosocial care for children with congenital heart disease and their families. *(adapted from Levert et al., 2016)*
8. Subthreshold posttraumatic stress disorder is often underestimated but can lead to similar impairment as clinically diagnosed posttraumatic stress disorder. *(adapted from Carrion et al., 2002, McCart et al., 2012, and Zhang et al., 2004)*
9. Many children with congenital heart defects now survive into adulthood and will ultimately need to transition their care from pediatric to adult-centered care. To prevent delays in care and loss to adequate follow-up, a well-planned and well-executed “transition process” is essential. *(adapted from Sable et al., 2011)*
10. Randomization effects cannot be separated from impact on the post-randomization behavior of both intervention and control groups, and biased estimates of effects occur because of this interaction. *(adapted from McCambridge et al., 2014)*
11. Wisdom is like a baobab tree; no one individual can embrace it. *(West African proverb)*