

STELLINGEN

behorende bij het proefschrift:

Safety and Efficacy of Inflammatory Bowel Disease Treatment

a challenging balance

1. Routine thiopurine metabolite testing should be performed early to identify patients with a skewed metabolism that could benefit from optimization strategies. *This thesis*
2. Tacrolimus and beclomethasone suppositories display comparable effectiveness as induction treatment for 5-ASA refractory ulcerative proctitis. *This thesis*
3. The frequency of routine laboratory monitoring after 1 year of maintenance thiopurine treatment could be lowered to less than every 4 months. *This thesis*
4. IBD women are at increased risk of cervical neoplasia compared to women within the general population. *This thesis*
5. Low-dose thiopurine combined with allopurinol is particularly beneficial in patients failing thiopurine monotherapy because of adverse events. *This thesis*
6. It is easy to forget that clinical trials were designed as part of the drug approval process and do not necessarily represent what is done in clinical practice. *Siegel et al. American Journal Gastroenterology 2018*
7. Moving progressively towards a personalized assessment of the benefit-risk balance of immunosuppressive IBD drugs is a prerequisite for a high-quality shared decision-making process on individual therapeutic strategies in patients with IBD. *Beaugerie et al. Clinical Gastroenterology and Hepatology 2019*
8. The good physician treats the disease; the great physician treats the patient who has the disease. *William Osler, 1849-1919*
9. Ironically uncertainty is a sure thing, certainty is an illusion. *Simpkin et al. New England Journal of Medicine 2016*
10. It feels good to be lost in the right direction.
11. Succes begint met het stellen van een haalbaar doel. *papa*