

# PROPOSITIONS

1. Transitional care for young people with chronic conditions should be holistic, person-centered, and developmentally appropriate. *(This thesis)*
2. Recommended transitional care practices can only be successfully and sustainably implemented if a supportive context has been established at macro level, backed by managers, policy makers and health insurers. *(This thesis)*
3. Parents of young people with chronic conditions should be supported to turn their controlling role into a supporting role. *(This thesis)*
4. Lack of high-quality scientific evidence does not mean that we should not invest in transitional care for young people with chronic conditions. *(This thesis)*
5. Transitional care evaluations should focus on young people's transition experiences and satisfaction, empowerment, and follow-up in adult care on the long term. *(This thesis)*
6. Structural increase of the number of ICU beds does not solve capacity problems in times of crisis, but may result in misallocation of patients to hospital units – thereby compromising the quality and efficiency of health care delivery. *(Van Raaij, 2021)*
7. We should shift towards more sustainable healthcare through emphasizing health promotion and disease prevention. *(Adapted from Hensher et al., 2017)*
8. Autonomy in medical decisions does not mean that an individual patient can be expected to act completely independent without considering the perspectives and values from the social context and how decisions will impact others. *(Dove et al., 2017)*
9. In times of political unrest, scientists should recognize that they are not neutral and need to be more aware of the different values and interests at stake. *(Adapted from Putters, 2021)*
10. Patient participation is key to value-based health care; it prevents health care from being redesigned by experts who have a lot of knowledge of what good care and treatment entails, but who have actually not experienced it. *(Ahaus, 2020)*
11. Do not worry about impossibilities; worry about the chances you miss when you do not even try. *(Adapted from Canfield, 2013)*