

Liesbeth van Rossum
Full professor
Internal Medicine
Email: e.vanrossum@erasmusmc.nl



Elisabeth van Rossum, MD PhD, is internist-endocrinologist and professor in the field of obesity and biological stress research at the Erasmus MC, University Medical Center, Rotterdam, Netherlands. She is co-founder of the Obesity Center CGG (Centrum Gezond Gewicht), a center for diagnostics of underlying causes of obesity (e.g. monogenic obesity) and innovative and personalized treatments.

After she obtained her MD (cum laude), she performed an obesity research fellowship in Baltimore, US. In 2005, she obtained a PhD (cum laude) at the Erasmus MC in the field of glucocorticoid exposure and obesity. Van Rossum is an internationally recognized scientist and appointed as European co-leader of the theme Obesity, Diabetes, Nutrition and Metabolism of the European Society for Endocrinology (ESE). She is also a member of the working group on Obesity Policy of the European Association of the Study of Obesity (EASO).

Since 2017 she is chair of the Partnership Overweight Netherlands, an umbrella organization of 20 health care organisations, with an advisory role to the Ministry of Health Welfare and Sports on obesity policy. In this context she has an important role in the development of the National Prevention Agreement of this Ministry, as well as in the nationwide implementation of several types of obesity treatments covered by the basic care insurance. She also holds several other national board functions including chair of the National Obesity Guideline committee (publication in 2023), and board member of STRESS-NL (Dutch stress researchers).

In addition, she received > 30 scientific awards, successfully obtained research funding (including national VENI, VIDI, Gravity awards, and international grants), published > 180 scientific articles, and was appointed member of the Young Academy of the Royal Dutch Academy of Sciences (KNAW), and in 2023 member of the Royal Dutch Society of Sciences (KHMW). She was the winner of the National Science Quiz NWO. Van Rossum is a frequently invited speaker (congresses, (inter)national media, TEDx).

In 2019, she published together with colleague Mariette Boon a lay book "FAT, the secret organ" (Dutch: VET belangrijk), which became an international bestseller, and was awarded the Woman's Health and Basic Fit Award 2019 and the French award of "La Science se livre" in 2021.

In the past 2 years she has been in the top 10 most influential women in healthcare in the Netherlands and in 2021 she was also appointed "Rotterdam Woman of the Year".

<https://www.erasmusmc.nl/nl-nl/patientenzorg/zorgverleners/rossum-elisabeth-van>